



QUAREIA—THE ADEPT

Module III—Advanced Death, Birth, and
the Underworld

Lesson 8: Ritual Work

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WELCOME

Welcome to this lesson of the Quareia curriculum.

The Quareia takes a magical apprentice from the beginning of magic to the level of adeptship and beyond. The course has no superfluous text; there is no dressing, no padding—everything is in its place and everything within the course has a good reason to be there.

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So remember—in order for this course to work, it is wise to work with the lessons in sequence. If you don't, it won't work.

Yours,

Josephine McCarthy



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Lesson 8: Ritual Work

We live in a time of destruction. Protracted wars are triggered and perpetuated to control areas with resources, massive waves of refugees are destabilising some countries as they desperately try to find a safe haven for their families, and climate change is wreaking havoc around the world.

While adepts cannot wave wands to make it all better, they can offer tiny catalysts to nudge the inner tide of power that feeds these events towards finding balance. This moves the attention of the destructive beings that flow through such events from absolute destruction towards a pathway that searches for balance.

Destruction caused by humans becomes a pattern that destroying beings fill and bring to a head. The planet's immune reaction, through climate change, also creates a pattern filled by beings dealing death and destruction, with the aim of reaching a point where the planet can begin to rebalance itself.

Though we have a vested interest in ensuring that humans survive such destruction, we also have to think about the needs of the planet and the environment, and find a way for Earth's creatures, including us, to survive and flourish in a better relationship with the land.

This is not to make everything better in the blink of an eye, but to move human consciousness away from self-destruction so that, over

time, we can evolve. It is also about tempering the inner beings that flow through such destruction before they get truly out of control. We see accounts of this in the stories of Kali and Sekhmet, two destroying goddesses who emerge as a reaction to violent imbalance between the land's consciousness and humanity.

But as their destruction gets out of control it is tempered by other deities. Sekhmet is given alcohol disguised as blood to calm her down and put her to sleep.

One of the legends of Kali tells us that even after slaying Darika, she remained insatiable and thirsty for blood. Vishnu sent Garuda to Kali to quench her thirst: a dancing and bleeding Garuda was taken to Kali and, after getting some drops of blood from him, Kali was pacified. These and many other tales tell us, among other things, how destroying powers can get out of control and go on killing sprees.

As adepts we cannot approach such situations with an attitude of "we can stop this." Small humans cannot see off such huge forces; not to mention that most of today's problems are the direct result of human greed, stupidity, and ignorance—and you can't fix stupid! One can, however, do some small tempering and diverting of the destructive beings, and trigger tides that confront stupidity not with destruction, but by the scales and the fulcrum.

If you destroy an ignorant person then you do not destroy their ignorance; it will rebirth again and again. If you trigger tides of the fulcrum and scales then you bring in a tide that will *expose* the ignorance. Then it will either evolve or self-destruct—the tide offers the choice. This process can be very powerful, and it will teach you a great deal as it unfolds. The small catalyst snowballs at its own pace, and is fed by the tides and populated by beings.

Young and inexperienced magicians find this hard to understand. When they do a ritual to change something, they expect everything to shift quickly and come to a brisk conclusion. But everything has to go through a process, and the huge issues we are facing must unravel and seek balance in a timeframe that will ensure long-lasting success.

Without going into too much detail, for obvious reasons, one ongoing example of such work involves a group of magicians who have been working repetitively to bring the fulcrum and scales to a very corrupt and destructive government. The centre of the government is regularly cleaned and tuned, and the powers of Justice and the Scales are planted right in the midst of that centre. And that is it. At first there was a quite

astonishing response: corrupt politicians were suddenly being exposed in the media, some corrupt laws were being blocked, and *secrets* were coming out.

As the magicians continued their work, they began to despair that the corrupt group was still in power. However, the aim was not to crash that government, but to bring balance and justice. And it is not for us to dictate how that balance and justice should express itself through a nation's fate pattern. So they continued with their work.

Then an opposition politician emerged from an unexpected quarter; a person dedicated to truth, fairness, and balance. Regardless of whether people agreed with his proposed policies, he was and is a man of the scales. The pattern had responded to the work and opened a door for someone holding the quality of the scales to step forward.

The work continues. Corruption continues to be exposed, and people of integrity are still emerging. This will continue until the next election, by which time there will be a solid strong pattern in place of balance and integrity; but it will be up to the people of the country to decide which way they will go.

And this is a really important point to think about and remember: you cannot magically force an agenda on society, even if you think it is right. Instead you have to work within the frame of that society. In a democracy, you must present the people with the option of choosing a balanced pattern. It is for the people's group consciousness to decide what they want to live in, and the wider fate pattern of the land and the people will open gates to allow potentials to flow. The magician simply sweeps away the shit so that the people can choose with knowledge.

When it comes to climate issues, it is very much the same approach. The earth and climate is a constantly changing dynamic, and we have to learn to go with the flow and adapt. However, if societies, companies, and so forth have a lot of destruction flowing through them and are threatening the land and weather, then the magician can temper the destruction while also introducing the fulcrum and scales. Societies, the land, and the weather are inextricably linked. If you work on one, you work on the others.

If you are working with a mentor, then they will probably have worked in such a way or will be in a cycle of service work in this area of magic, so you might discuss it with them to get a wider view of the work dynamic.

Ritual work

You will write and do a visionary ritual to trigger the shifting of a destructive, out-of-balance tide towards balance, while also opening a pathway for the future for regeneration.

Below are the elements that need to be included. Think about why certain dynamics are in certain positions, and how they are worked with and deployed. Write up your plan on computer, do the ritual, and notes of your observations in and after the ritual.

Make a note to yourself to keep an eye on the national events over a five-year period. This work will be a much more powerful layer added to the work you have done previously, so pay attention as it unfolds.

Ritual keys

1. Four angelic bridges.
2. Destructive deity/beings held behind a threshold in the north.
3. Creative deity, or formed angelic pattern, brought to the south.
4. Fulcrum or Void in the centre.
5. Divine breath brought through the east.
6. Deity or angelic being that holds, organises, and dispenses knowledge in the west along with the power of the Scales.
7. Planetary influences or spirits working as pillars of each of the four gates: as presences, seals, or both.
8. Weaver of fate from above.
9. Anchor and ancestral wisdom below.

Tools

Limiters in the east

Vessel in the west, filled with port wine and a drop of blood

Scales in the west

Staff in the south

Stone in the north to hold the pattern that can be then dispensed:
putting new in the old

Recitations and actions

- Limiting the beings of destruction.
 - Offering the drink within the vessel to the destroying deity.
 - Declaring the fulcrum and the scales, triggering them to central power.
 - Inviting regeneration with limitation.
 - Standing within the ritual pattern while bringing through the inner pattern.
 - Triggering the flow of time, creation, destruction, and composting.
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Inner actions

- Timeless balancing of the fulcrum within and without.
- Engaging the Inner Library and beings.
- Going into the Desert to the edge of the Abyss, and waiting for the pattern of regeneration to form without interfering.

- Walking with it down the Desert to the threshold of the outer world.

Stand on the threshold between the Desert and the east gate of the ritual space. Work with deities or angelic beings either side of you to uphold you and the pattern.

Step into the ritual space with the pattern around you like a vast cloak. Walk to the centre of the ritual space and release the inner pattern into the prepared ritual pattern.

Walk to the south gate in vision. See the pattern pass over the threshold and onto the path of the future.

Go to the west and stand physically and in vision in the presence of the scales. You are the sum total of humanity in ritual, so on behalf of humanity, accept the judgement of the scales (see note).

Gather the destructive pattern to be held in the north and place it in the stone.

Completion

While the power is still high, map out the powers of the inner and outer ritual and create an image for a seal to hold the power. I have included an example below, at the end of the lesson. Then paint the seal on vellum or hide, and mix some of the blood/wine into the paint. Leave it on the south altar to dry.

Write out a seven line utterance that declares the pattern of regeneration. Write one line for each direction that specifically declares the path of the new pattern, i.e. "Divine breath of the east that brings new life, I welcome you." This is not a declaration of intent or a request; it is defining what is happening within the pattern.

Start the process of closing down the ritual space and thanking the powers that worked with you. Leave the central light going.

Sit in the centre and go in vision to the Inner Temple and circle. Then be in stillness within that space.

When ready, come out of vision, go outside and dig a hole, then place the stone in the hole and cover it. In your mind, send it down to the Underworld.

Go back to the ritual space and put out the light.

Follow-up

The following day, put the seal behind glass in a small frame and place it somewhere you will see it every day, preferably somewhere south. Each day for seven days, utter the declaration in front of it after doing your morning focus. After doing this for a week, reduce this to once a week for a month. Then do it on the first day of each month until you get the feeling to stop. The seal may need leaving out or covering and putting away.

Note: Scales and collective presence.

When you stand before your scales in the west, and you stand there on behalf of all humanity, you are *not* taking on all of humanity's imbalances, and the consequences thereof, on behalf of all humanity. You are triggering the process *on behalf of* humanity. Not perceiving this difference has caused severe problems in Christianity...

As a collective consciousness, an adept can speak on behalf of humanity and accept the rebalancing dynamic on behalf of humanity. The pattern of rebalance through the Scales is then released, and will fill and affect individual human vessels as, if, and when necessary—and no more. Keep this in mind as you do the work, and be very clear you are not accepting the burden upon yourself; rather you are willing to act as a catalyst for it.

The seal

Here is an image of a seal unearthed at Tel Dor near Haifa, Israel. From a linguistic standpoint the archaeologists are still trying to decipher it, as it is not a name. However, you adepts who have worked Egyptian ritual patterns should understand what it is. The hieroglyphs are deciphered not by the sounds they represent in language, but by the powers they represent.



Figure 1: Tel Dor dig, Haifa, Israel

Deciphering the seal

Write up what you think the Tel Dor seal is representing.

Ethical considerations

Spend some time pondering the ethical twists and turns of speaking before the Scales on behalf of humanity. There is no right or wrong answer, but pondering will expand your understanding and awareness of the magical and inner dynamics of such an act. Write up your ideas and conclusions.

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